

d be together and work together and adding that East Aurora High School environment where people could be

what she says led to her success. es as the director for Chemonics and Central Africa and Haiti region, ng firm that helps manage projects in

as a Foreign Policy Fellow for Sen. Chris Coons on the African Subcommittee of the Senate Foreign Relations Committee and was practice director for government services at Caerus Associates. She spent 11 years with U.S. Agency for International Development's Office of Transition Initiatives where she established programs in Colombia, Nepal and Sudan. She also served as US-AID deputy team leader for Asia and the Middle East. She has witnessed educational d, and has a theory on what makes

when you don't have good education, supportive community, it's very hard to it's why I've worked on the things I to the countries where I'm work-

risten Holtz

ast time she gave a speech was at her 1990. She said she had a solid plan, o Washington, D.C., studying interna- "a glamorous life of intrigue that Bond movie." Today, things are a little graduating from George Washington lor's degree in international affairs, degree in philosophy and a doctorate ology. nder, president and CEO of KDH ation in Atlanta, a company that ng, research and health communica- ent leaders and other customers. y managers than I planned and also says. Holtz credits East Aurora High er the resources to accomplish her

administration all taught me [about] ard," she said, adding that she also rds of hard work. She said because hall school, there weren't enough oled into a specific type. er company, Holtz also serves as a he Children's Hospital of Atlanta and erian Church of Atlanta and with the her children's school.

Meals on Wheels honors EA volunteers

Meals on Wheels last week honored 28 volunteers who have reached 20, 25 or 30 years of service, including four individuals from the East Aurora site who are marking milestone anniversaries.

Martha Mummery and Stanley Pawelek were recognized for 25 years, and Virginia Thessen and Jean Trank Patterson for 20 years.

The honorees received engraved plates and certificates of recognition. Plaques with their names and years of service will be hung in the organization's Volunteer Hall of Fame. They also were honored with a reception at the Meals on Wheels central office in Buffalo.

"It's incredible to think about the number of volunteers that we have who reach these impressive service milestones," said Chris Procknal, president and CEO of MOW-WNY.

"It's rare for someone to stay at a paid job for 20, 25 or 30 years — let alone a volunteer opportunity," Procknal said. "But many of our volunteers become close friends with the clients and the regular meal delivery visits become as important to our volunteers as they are to our clients."

For more information on volunteering at Meals on Wheels, visit www.mealsonwheelswny.org.

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