

30 under 30

JENNIFER CARLAND

REGISTERED DIETITIAN, MEALS ON WHEELS FOR WNY

CONTACT: 100 James E Casey Drive, Buffalo, NY 14206
• mealsonwheelswny.org

AGE: 25

BORN IN: Buffalo

LIVES IN: Cheektowaga

FIANCÉ: Brandon

GRADUATE OF: West Seneca East Senior High School

COLLEGE: B.S., dietetics, SUNY Buffalo
State

NONPROFIT WORK: Meals
on Wheels for WNY

**WHEN I'M NOT
WORKING I'M:**
spending time
with my family
and friends.

BUCKET LIST: Travel
the world and explore,
make a significant change in
someone's life, be on "The Amazing Race"

PROFESSIONAL GOAL BEFORE I TURN 40: To hold
a management position in the field of nutrition and
dietetics so that I can be a leader in our community

SELF-DESCRIPTION: Determined

