Adopt-A-Route Group Volunteer Program

Our mission is to enrich lives and to promote independent healthy living by offering nutritious food and a friendly visit.

What is Adopt-A-Route?
The need for home-delivered meals continues to grow as the WNY population ages. In fact, 85+ years old is the fastest growing segment of our population. Meals on Wheels is experiencing unprecedented growth in demand. Additional volunteer support is needed to ensure all of our homebound neighbors receive nourishment and companionship.

Our Adopt-A-Route program was developed to expand our volunteer base by tailoring the volunteer commitment to fit the needs of volunteers in the workplace. When a company signs up for Adopt-A-Route, a group of co-workers join together to assume responsibility for a route on a weekly basis. Adopt-A-Route volunteers take turns delivering meals each week during their lunch hour. With a recommended team of 8-10 members (including a team coordinator), each volunteer gives up just one lunch hour per month. This minimal commitment works well within the schedule of the busy workday and employees enjoy the time serving their local community.

Our Service Areas
Meals on Wheels for WNY has delivery sites throughout the region—from Clarence in the north to Angola and Sardinia in the Southern Tier.

- Angola
- Aurora
- Blasdell
- Boston
- City of Buffalo
- Cheektowaga
- Clarence/Akron/Newstead
- Colden
- Concord/Springville
- Depew
- East Aurora/Elma
- Eden/Evans
- Hamburg
- Holland
- Lackawanna
- Lancaster
- North Collins/Collins/Farnham
- Orchard Park
- Sardinia
- Sloan
- West Seneca

100 James E. Casey Drive
Buffalo, NY 14206
716-822-2002
mealsonwheelswny.org

The essential work done by Meals on Wheels for Western New York is made possible by generous financial support from community members, local foundations and corporations, as well as through grants from the U.S. Department of Health and Human Services, New York State Office for the Aging and Erie County’s Departments of Senior Services and Social Services.
Each route needs a driver and a server each day. So, when you “adopt-a-route” you are agreeing to provide two volunteers each week on the weekday of your choice. Your company is matched with a meal-delivery site close to your office. On your route day, volunteers go to that site to pick up a hot box oven and two coolers. Using one of their own vehicles, the volunteer pair then delivers meals to up to 12 in-need community members during the lunch hour.

Adopt-A-Route Benefits

- Creates better employee communications and promotes team building.
- Allows local professionals to give back to the community without taking away time from their families on evenings and weekends.
- Your organization is truly a community partner.
- Delivering meals builds exceptional employee morale and helps volunteers feel good.
- Meal delivery allows for great corporate social responsibility with minimal cost.
- Inclusion in MOW newsletter, website and social media mentions.

Adopt-A-Route is truly a win-win for everyone involved.
- Meals on Wheels receives greatly needed volunteers.
- Organizations are able to affordably give back to the community and promote a spirit of teamwork.
- Busy workers are able to easily fit volunteering into their schedule.
- Taxpayers benefit as Meals on Wheels’ nutrition services are far more affordable than assisted living.
- Our meal recipients will be able to enjoy good nutrition as they remain in the safety and comfort of their own homes as long as possible.

To learn more about the Adopt-A-Route program, please call 716-822-2002, ext. 21.

What is involved in volunteering?

We wouldn’t be able to serve the Western New York community without our wonderful volunteers, donors, board members, staff and the wide-spread support of the community. Thank you for considering Adopt-A-Route, which will help us meet the growing need for nutritious meal delivery!