LEARNING THROUGH SERVICE
Students at Stanley G. Falk School experience meaningful lessons while delivering Meals on Wheels.

Every month, students from the Stanley G. Falk School deliver meals for Meals on Wheels of WNY. Each student who is working toward a Career Development and Occupational Students (CDOS) high school degree is required to earn a number of work-based learning hours. Ms. Keleher, a counselor at our Cambridge location, began the Meals on Wheels volunteer program to ensure that students had a way to complete their required hours. The skills that Meals on Wheels provides students extend far beyond the fulfillment of the hours. Clients at Meals on Wheels of WNY benefit from Falk students’ food delivery. Students learn a certain level of responsibility through this project. Meals and drop off routes need to be planned, organized and communicated. Student volunteers are trained to act as a safety check and provide a peace of mind to their clients.

Jejuan is a student volunteer for the Meals on Wheels program. He describes how excited the elderly clients are when they see the young faces open the door. “It feels good and makes me happy,” Jejuan said modestly. Jejuan even gained a bit of entrepreneurial thinking during his delivery experiences. Clients receive one hot meal and one cold meal per delivery. “Couldn’t we serve them better by dropping off frozen meals at the delivery too? That way they have food for the whole week, not just one day?” he asked.

Falk students always arrive eager to begin. They start by loading the coolers and ovens into the vehicle, and then check in with the Meals on Wheels Site Manager, John. It is John who informs the team of any changes they might notice when encountering the homebound seniors. John described, “It’s great to meet the different students who come in each time— it makes the client’s day to see these younger faces at their door.” John also added that whenever the Falk students finish their route, he always knows the clients are fed and healthy!